



Molescroft Primary School
**Personal, Social, Health Education and
Citizenship Policy**

Updated September 2010

1. INTRODUCTION

This policy document is written after consultation with the teaching staff and the Governor Mr J Blake with responsibility for Personal, Social, Health Education and Citizenship (PSHCE)

It is a working document, which reflects the ethos and practice within the school in relation to It has been written with due regard to the requirements of the QCA schemes of work and the National Curriculum and it will be monitored and evaluated according to changes within these documents as and when they arise

The PSHCE coordinator: Ms S Grainger

2. FUNDAMENTAL PRINCIPLES

The whole ethos of Molescroft Primary School is to provide every child with a happy, caring, learning environment in which he or she can develop their full potential - whatever their needs and irrespective of ability race or gender.

Molescroft Primary school believes that :

“PSHCE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.” (Curriculum 2000).

Molescroft Primary recognises the importance of the two aims:

1. The School Curriculum should aim to provide opportunities for all children to learn and achieve.
2. The School Curriculum should aim to promote pupil’s spiritual, moral and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life.

These aims can only be fully achieved through a wide range of experiences and opportunities provided through a whole school approach to the PSHCE Curriculum. The school acknowledges that PSHCE plays a significant role in the pupil’s ability to learn and achieve.

This policy should be read in conjunction with the following school policies:

- Behaviour Management
- Anti-Bullying
- Equal Opportunities
- Sex and Relationship Education



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- Drug Education
- Science
- RE
- PA

Molescroft Primary School believes that the development of PSHCE is a life long and continuous process. It is concerned with personal growth and human issues. It provides opportunities for the development of the individual within themselves, their communities and the wider world.

It is the responsibility of the whole staff to implement this policy. The PSHCE Co-ordinator will be responsible for providing and resourcing the scheme of work for the curriculum. The schemes will be delivered using the East Riding of Yorkshire PSHCE document. Time allocation of 25 minutes per week will be either taught weekly, or by blocking themes and through the special annual Health and Citizenship weeks. The scheme uses the material from the Health for Life Books 1 and 2. (2004 edition)

SEAL themes will be used in conjunction with the PSHCE curriculum.

Autumn 1 New Beginnings
 Getting on and falling Out

Autumn 2 Say No to Bullying (Link to Anti-Bullying Week)

Spring 1 Going for Goals

Spring 2 Good to be Me

Summer 1 Relationships

Summer 2 Changes

3. ROLES AND RESPONSIBILITIES

The governing body should, in cooperation with the head teacher, determine the school's general policy and approach to PSHCE.

The PSHCE coordinator should keep staff informed of any new developments that affect the school and will attend any appropriate training as necessary. Delivery of the schemes will be monitored through Short Term Planning, lesson observations, displays of work and photographic evidence.

Aims:



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- To develop and raise self-esteem.
- To enable informed choices to be made.
- To provide a safe and secure environment.
- To explore and promote strategies for healthy lifestyles.
- To encourage pupils to take responsibility for themselves and their environment by giving them the knowledge to make informed decisions.
- To establish healthy patterns of behaviour.
- To develop good relationships and respect for the differences between people and cultures.
- To learn to respect their environment and that of a wider world.
- To integrate PSHCE across the formal and informal curriculum.
- To prepare to play an active role as citizens. Pupils will begin to understand about the nature of community and the variety of communities to which they and other people belong.

Objectives:

- To develop the ability to make choices.
- To believe in themselves.
- To know the importance of exercise.
- The ability to choose a healthy diet.
- The knowledge of the importance of personal hygiene.
- The knowledge that all medicines are drugs, but not all drugs are medicines.
- The ability to be able to say no when appropriate.
- The knowledge of how to keep themselves safe in different situations.
- The ability to communicate their ideas and feelings.
- Tolerance and knowledge of different lifestyle, traditions, cultures and beliefs.
- The ability to cope with peer group pressure.
- The ability to cope with and look critically at pressure from other agencies, eg> TV drama/adverts, magazines.
- The ability to know that they have personal rights and responsibilities to themselves and others.
- To show concern for the conservation of the Natural world and the environment in which we live.

These objectives are interrelated and cannot be taught in isolation.

4. SPECIAL EDUCATIONAL NEEDS

All pupils will take part in the PSHCE programme subject to differentiation according to their individual needs and in accordance with the school's SEN Policy.



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5. EQUAL OPPORTUNITES

PSHCE has relevance for all pupils regardless of age, gender, ethnicity or ability. The school's PSHCE programme will be subject to the guidance and recommendations set out in the appropriate county and school policy documents.

6. ASSESSMENT RECORDING AND REPORTING ON PUPIL PROGRESS

Evidence of work will be recorded through Short Term Planning, photographs, displays of pupils' work and lesson observations. Pupils' involvement will be monitored and reported to parents through consultation evenings and annual reports. Pupils will be assessed using the school's PSHCE assessment framework in each of the five strands : World of Drugs, Keeping Myself Safe, Me and My Relationships, Healthy Lifestyles and Citizenship. The assessment will be class based highlighting children who performed above or below the core expectations as exemplified in the pupils' annual reports.

7. INSET

In service training will take place in accordance with school policy for staff development and the LA training programme.

8. REVIEW

This policy will be reviewed bi-annually to meet the school needs and in response to National and local policies.

9. COORDINATORS JOB DESCRIPTION

To provide a focus for PSHCE within the whole school curriculum. In the role as PSHCE co-ordinator Ms Grainger will

- Represent Molescroft Primary on training courses and report back to the staff.
- Develop expertise.
- Collect information, materials and resources relevant to PSHCE.
- Support the work of the school guiding and providing information on issues related to the PSHCE curriculum.
- Link with outside agencies and the LEA.
- Attend relevant training courses and relay information back to the staff.
- Support the school's role with parents/carers and the community.

It is the responsibility of all staff to implement this policy. The co-ordinator will keep staff informed of any new developments that affect the school and will attend any



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appropriate training as necessary. The co-ordinator will implement training to meet staff requirements.

10. CONTACT LIST

School Nurse	Jackie Kruger	01482 677617
Oral Health Education	Vikki Tennison	01482 677612
HAS co-ordinator	Karron Young	01482 392429
Sports Development	Anne Fitzpatrick	01482 862171

11. LIST OF RESOURCES

1. The New PSHCE Document, East Riding of Yorkshire Council.
2. Health for Life Book One (2000 edition). 3 copies.
3. Health for Life Book Two. (2000 edition) 3 copies.
4. East Riding of Yorkshire Drug Policy.
5. Thinking about Drinking Resource file.
6. Substance Misuse Resource Pack 9-11 years
7. Substance Misuse Video 9-11 years
8. Young Carer Drug Education Resource KS 2
9. Across and Beyond Citizenship Video and Teacher Resource Pack 9-11 years
10. Citizenship Minorities Video and Resource Pack 9-11 years
11. Citizenship Video and Teacher Resource Pack KS 2
12. Substance Misuse Video and Teacher Resource Pack KS 2
13. Ourselves Video and Teacher Resource Pack KS 1
14. Our Friends Video and Teacher Resource Pack KS 1
15. The Clean Crusaders Video
16. Adventures of Whoosh Road Safety Video
17. Parliament and Government CD Rom KS 2
18. Lifeskills and Citizenship for Young People KS 2
19. 6 Years of Circle Time Teacher Resource Book
20. Circle Time Resources
21. Anti Bullying Video Don't Suffer in Silence
22. Just Like Us Introduces disability Issues to pupils. Teacher Resource book.
23. SEAL (Social and Emotional Aspects of Learning)



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USEFUL WEBSITES

- www.wiredforhealth.gov.uk Schools Health site with good interactive tasks linked to PSHCE schemes.
- www.badvertising.org A tobacco prevention website with powerful counter advertising messages. Aims to expose truth behind advertising.
- www.healthnet.org.uk A youth site with animated cartoon characters explaining how to have a healthy heart. Has information on smoking.
- www.asthma.org.uk National Asthma Campaign.
- www.oxfam.org.uk/coolplanet
- www.rednoseday
- www.foodafactoflife.org
- www.welltown.gov.uk KS 1
- www.galaxy-h.gov.uk KS 2
- www.scope.org.uk/imaginethedifference

ROLE OF GOVERNING BODY

The Governing Body must ratify the policy and have a named Governor Mr J Blake with responsibility for PSHCE.

USEFUL PUBLICATIONS

Further reading

The materials listed below may provide further support for teaching pupils with learning difficulties.

DfES/QCA, *Curriculum guidance for the foundation stage*, QCA, London, 2000

DfES/QCA, *Supporting the target setting process*, DfES, London, 1998

DfES/QCA, *The National Curriculum: Handbook for primary teachers in England*, HMSO, London, 1999

SCAA, *Planning the curriculum at key stages 1 and 2*, SCAA, London, 1995

QCA, *Maintaining breadth and balance at key stages 1 and 2*, QCA, London, 1998

QCA Guidance on Assessment, Recording and Reporting October 2005

QCA End of Key Stage Statements KS 1 & 2